## Bloomfield's Blueprint

Returning to teaching & learning for the 2020-2021 school year



March 11, 2021



# **Part Four**Therapy Dog Pilot Program





### What does the **research** say?

**Physical** – interaction with a furry friend reduces blood pressure, provides tactile stimulation, assists with pain management, gives motivation to move, walk and stimulates the senses

**Social** – a visit with a dog provides a positive mutual topic for discussion, promotes greater self-esteem and well-being, and focused interaction with others

**Cognitive** – companionship with a dog stimulates memory, problem solving and game playing

**Emotional** – an adorable four-legged visitor improves self-esteem, acceptance from others, and lifts mood often provoking laughter

**Environmental** – a dog in a facility decreases the feeling of a sterile environment, lifts mood and this continues after visit

(Data adapted from the Australian Companion Animal Council)

#### What will this cost?



#### Several Local School Districts with Established Programs

- Brighton
- Walled Lake
- Troy
- Rochester
- Clarkston

Districts with developing programs

Novi



#### **What** does the dog's day look like?



Declan is a Therapy Dog in Brighton schools

- A schedule is created for the entire month.
- One hour every day in the media center for reading
- One hour every day in PE for exercise
- One hour of prep :)
- Rest of the time with classes
- The therapy dog does not work for treats and will not be in the cafeteria.





END OF SECTION

## DISCUSSION

